

## **TRANSGENDER AND LGBTQ+ TERMINOLOGY**

- Gender – The biological body that a person is born in.
- Gender Identity – The gender to which a person identifies. i.e. a person identifying as a female which in some cases be different to their gender. A person who assumes the characteristics of other sex and lives as such.
- Cisgender – A person whose gender identity matches their gender i.e. male person whose identity matches their gender as male.
- Gender Dysphoria – The distress felt by people whose emotional and psychological identity is different to their gender i.e. a person born as a male whose gender identity is female.
- Affirmed Gender – The gender in which a person declares publicly that they are i.e. A person declares that they are now a female. They have changed their name on their legal documents is an example of affirming one's gender.
- Hormone Replacement Therapy – Medication in form of sex hormones and other hormonal medications are given to a person to match their secondary sexual characteristics with their gender identity.
- Secondary sexual characteristics are simply the features that appear in people during puberty such as facial hair and Adam's apple.
- Transgender Person – A person whose gender identity is different to their gender and lives as their affirmed gender. A person may not be on person on hormone replacement therapy or have had any medical surgery to be transgender.
- Transitioning – This is the process of changing from one gender to the other to match the person's gender identity.
- Female to Male (FTM) – A person transitioning from female to male.
- Male to Female (MTF) – A person transitioning from male to female.
- Trans Man – A man whose gender at birth was female and may undergo medical treatment to align their gender identity with their affirmed gender.
- Trans Female – A female whose gender at birth was male and may undergo medical treatment to align with gender identity with their affirmed gender.
- LGBTQ+ - Lesbian Gay Bisexual Transgender Intersex Queer/Questioning with + referring to Non-Binary, Asexual, and Pansexual and others within this community.
- Asexual – A person who may feel attraction how this doesn't need to be realised in any sexual manner or has no sexual feelings or desires.
- Bisexual – A person regardless of their gender or gender identity who is attracted to people of both genders and those who identify as either gender.

- Gay – A person who is a cisgender male or whose affirmed gender is male who is attracted to another cis-gender male or whose affirmed gender is male.
- Lesbian – A person who is a cisgender female or whose affirmed gender is female who is attracted to another cis-gender female or whose affirmed gender is female.
- Queer/Questioning– A person who is either questioning their gender identity/sexual orientation and unsure of it or who identifies as part of an umbrella of various sexual orientations and gender identities.
- Non-Binary – A person who neither identifies as either as male or female.
- Pan-sexual – A person who is sexually, romantically or emotionally attracted towards other people regardless of their gender or gender identity.